

The Seaford Start Map

Off the train → supplies in town → the cliff path to the Seven Sisters

1 SEAFORD TOWN — shops & the way to the sea



2 THE CLIFF PATH — and onward



Straight off the train? Do this.

- 1 Leave the station, turn left onto Clinton Place**
The town centre is 200 m ahead — you cannot miss it.
- 2 Turn right down Broad Street — the high street**
Co-op, Boots, bakeries and cafés, all within 3 minutes.
- 3 Carry straight on to the seafront**
Broad Street runs down to the Esplanade — about 10 minutes.
- 4 Turn left along the promenade to the Martello Tower**
The cliff path up Seaford Head starts right behind it.

Last shops, water and toilets are on the seafront.
Nothing is open between the Martello Tower and Exceat.

999 Coastguard 101 Police 111 NHS Buses: Coaster 12 / 12X / 13X

Stay well back from cliff edges — chalk overhangs and crumbles · check tide times before walking the beach · proper footwear · carry water.

Where to get what, before you walk

FOOD, WATER & SUPPLIES

- 9 Co-op Food** — High St — closest to Broad Street
- 5 Tesco Express** — Sutton Park Rd — open late
- 4 Morrisons** — big shop, café & car park (west end)
- 10 Burt's Bakery + cafés** — along Broad St & High St

PHARMACY & ESSENTIALS

- 7 Boots** — town centre
- 8 L. Cameron & Son** — independent pharmacy
- 6 Superdrug** — sun cream, plasters, batteries

TOILETS, INFO & PARKING

- 12 Tourist Information Centre** — Church St
- 3 Toilets** — at the station — also **11** in town, **13** on the seafront
- 2 Station car park** — also **14** seafront parking

Everything above is within 5 minutes of Broad Street.

The walk itself has no shops, cafés or taps — fill your bottle before you leave the promenade at the Martello Tower.

Map Key

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|---------------------------------------|---------------------------------------|
| 1 Seaford Station (START) | 9 Co-op Food |
| 2 Station car park | 10 Bakery & cafés |
| 3 Toilets (station) | 11 Toilets (town) |
| 4 Morrisons | 12 Tourist Information |
| 5 Tesco Express (Sutton Pk Rd) | 13 Toilets (seafront) |
| 6 Superdrug | 14 Seafront parking |
| 7 Boots | 15 Martello Tower · walk start |
| 8 Pharmacy | |

Symbols

- Main route — Broad St (900 m)**
- Alternative — via Morrisons (1.0 km)**
- Streets & promenade**
- Other footpaths**
- Downs, cliff-top & parks**
- Sea & Cuckmere River**
- Railway line**

